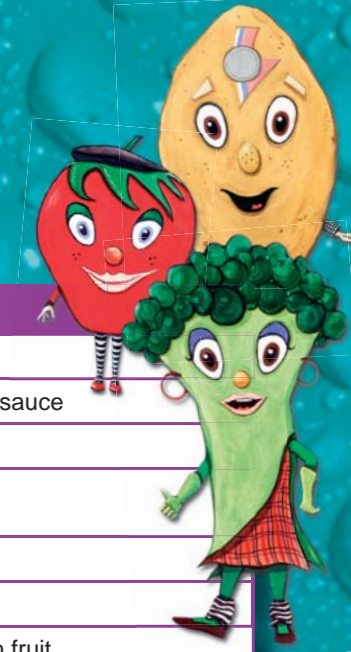


Classroom menu guide



Week one	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Mandarins in fruit juice (v)	Lentil soup (v)	Melon boat (v)	Summer veg soup (v)	Tangy toasted fingers #
Blue tray	Mince with boiled potatoes	Penne bolognaise (v)	Sausage with mashed potatoes #	Chicken curry and boiled rice	Fish and chips with tomato sauce
Red tray	Macaroni cheese (v)	Cheese and tomato pizza (v)	Baked potato with tuna or cheese or coleslaw	Cheese toastie (v)	Tomato pasta (v)
Vegetable and side salad served with all meals	Sliced carrots or side salad	Coleslaw or side salad	Baked beans or side salad	Sweetcorn or side salad	Peas or side salad
Green snack	Tuna mayo roll	Ham sandwich	Cheese baguette (v)	Fairtrade banana roll (v)	Cheese sandwich (v)
Yellow snack	Cheese roll (v)	Tuna mayo sandwich	Ham baguette	Tuna pasta pot	Tuna mayo sandwich
Dessert	Yoghurt or seasonal fresh fruit	Chocolate marble cake or seasonal fresh fruit	Jelly (v) or seasonal fresh fruit	Homemade biscuit or seasonal fresh fruit	Ice cream or seasonal fresh fruit
Drinks	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water

Week two	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Mandarins in fruit juice (v)	Lentil soup (v)	Melon boat (v)	Summer veg soup (v)	Tangy toasted fingers
Blue tray	Chicken curry with boiled rice	Mince hotpot	Steak pie with baby boiled potatoes	Sausage with gravy and mashed potatoes #	Fish fingers with chips and tomato sauce
Red tray	Cheese toastie (v)	Cheese and tomato pizza (v)	Baked potato with tuna or cheese or coleslaw	Macaroni cheese (v)	Penne bolognaise (v)
Vegetable and side salad served with all meals	Baked beans or side salad	Peas or side salad	Broccoli or side salad	Sweetcorn or side salad	Beetroot or side salad
Green snack	Tuna mayo roll	Cheese sandwich (v)	Tuna mayo baguette	Fairtrade banana roll (v)	Cheese sandwich (v)
Yellow snack	Cheese roll (v)	Tuna mayo sandwich	Ham baguette	Tuna pasta pot	Tuna mayo sandwich
Dessert	Chocolate muffin or seasonal fresh fruit	Jelly (v) or seasonal fresh fruit	Arctic roll or seasonal fresh fruit	Homemade biscuit or seasonal fresh fruit	Frozen fruit yogurt or seasonal fresh fruit
Drinks	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water

Week three	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Mandarins in fruit juice (v)	Lentil soup (v)	Melon boat (v)	Tangy toasted fingers #	Summer veg soup (v)
Blue tray	Turkey meatballs with gravy and mashed potatoes	Spaghetti bolognaise (v)	Sausage and mashed potatoes #	Chicken curry with boiled rice	Fish and chips with tomato sauce
Red tray	Cheese and tomato pizza (v)	Fish fingers on a sandwich square with dip	Macaroni cheese (v)	Mince pie with boiled potatoes #	Baked potato with tuna or cheese or coleslaw
Vegetable and side salad served with all meals	Broccoli or side salad	Sweetcorn or side salad	Baked beans or side salad	Carrots or side salad	Peas or side salad
Green snack	Tuna mayo roll	Ham sandwich	Cheese baguette (v)	Fairtrade banana roll (v)	Cheese sandwich (v)
Yellow snack	Cheese roll	Tuna mayo sandwich	Ham baguette	Tuna pasta pot	Tuna mayo sandwich
Dessert	Fromage frais or seasonal fresh fruit	Chocolate muffin or seasonal fresh fruit	Jelly (v) or seasonal fresh fruit	Homemade biscuit or seasonal fresh fruit	Ice cream or seasonal fresh fruit
Drinks	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water	Fruit juice, plain or flavoured milk, 330ml bottled water

A selection of bread including home baked, unlimited vegetables, fresh chilled water and extra salad is available with all meals. # A vegetarian choice is available when pre ordered.

We will demonstrate our commitment to the health and wellbeing of school pupils by introducing the Facilities Services 'Food you can trust' Food Pledge:

Food Pledge

- Our dishes are **freshly prepared daily**.
- We will continuously endeavour to **increase** the amount of **farm assured** and **fair trade** food we use.
- Our meals are free from **undesirable additives** and **Trans fats** with all drinks free of aspartame.
- Where possible we will try to **reduce food miles** when sourcing our food.
- We will make our menus **seasonal** and highlight food that is in season.
- All of our meat can be **traced back to a U.K. farm**.
- We do not serve any **endangered fish** and all our eggs are from **cage free hens**.
- We will put in place measures to continuously **reduce food waste and packaging** to meet the Council's sustainability targets.
- We will **train** our catering employees on **food and health** and become actively involved in **food education activities**.
- We will introduce a **food labelling system** that explains nutritional content in a way that is easy to understand.



Below is an easy guide to which weekly menu is being served:

Week 1	31/3	5/5	26/5	16/6	18/8	8/9	29/9
Week 2	21/4	12/5	2/6	23/6	25/8	15/9	6/10
Week 3	28/4	19/5	9/6	11/8	1/9	22/9	20/10

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.
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